



Québec

authentic



A LAND TO
DISCOVER,
A CUISINE
TO **ENJOY** AND
A CULTURE TO
EXPERIENCE!

Tasting the flavors of the sea
© GouvQc Jean-François Frenette

Québec 

QUÉBEC GOURMET PASSPORT

WELCOME TO QUÉBEC!



It is with great pleasure that we invite you to discover Québec through this Gourmet Passport. Prepared by the team at the Québec Government Office in New York, this Insider Tips guide is designed to accompany you on your culinary and cultural journey as you explore the richness of our province.

Within these pages, you will discover our top recommendations on where to eat, what to see, and what to know during your stay. Alongside our team's personal favorites, you will also find a special section highlighting where to purchase Québec products in the Mid-Atlantic region!

We hope this Gourmet Passport will be your ideal travel companion and that it will awaken your senses to Québec's gastronomy, creativity, and culture.

A FEW WORDS FROM OUR DELEGATE GENERAL

WELCOME TO OUR QUÉBEC GOURMET PASSPORT!

Whether you're curious to explore the unique flavors of our regions, eager to try comforting Québec recipes, or on the lookout for local products available right here in the United States, this guide was made with you in mind. Inside, you'll find a taste of Québec's culinary know-how, rich terroir, and creative spirit.



This passport is also an invitation to travel. Each dish, product, and insider tip brings you a little closer to our warm and authentic culture.

Enjoy the journey, and bon appétit!

DAVID BRULOTTE

Delegate General – [Québec Government Office in New York](#)



MAP OF QUÉBEC

A LAND TO
DISCOVER!



**TOP RECOMMENDATIONS
FROM OUR TEAM**

BEST THINGS TO DO AND TO EAT IN QUÉBEC!



DAVID BRULOTTE

Delegate General

What is your favorite region in Québec?

Québec City. This is where I was born, and I think it's one of the best cities and regions in the province. My family and I also spend quite a bit of time in **Charlevoix** and in **Bellechasse**, both of which offer amazing outdoor experiences, from trail running in the summer to deep powder skiing in the winter.

What must-see spot would you recommend?

In Québec City, I often recommend that people who want to get the best views take the ferry from **old town Québec City** to the **south shore city of Lévis** and back. It serves as a reasonably priced mini cruise on the river. From this vantage point, you can really appreciate how Québec City was shaped by its geography (after all, Québec means “where the river narrows” in Algonquin) and its dramatic topography. Plus, you get majestic views of the St. Lawrence River as it enters North America.

Which restaurants do you recommend?

The list is literally endless. Michelin just published its guide on the province of Québec and there are absolute gems throughout. I would probably start by a classic brunch at [Le Clocher Penché](#), then head east for a Caesar salad lunch with one of the best views in Québec at [Quai 1635](#). After that, I would make my way down memory lane and grab an afternoon refreshment at [Café du temps perdu](#), where I would meet my dad when I was a student at [Université Laval](#). I'd finish my busy gastronomical day with an elevated dinner experience at [Le 101 Restaurant de Quartier](#).



Old town Québec city
© iStock Marc Dufresne

What's your favorite season to visit and why?

Fall has always been magical for visitors and Québécois alike, with the leaves changing colors, that is both mind-blowing and so ephemeral. Winter, if you can pack good clothes, has so much to offer, from world-class skiing and cozy hot chocolates by the fireplace to the outdoor electronic beats of [IglooFest](#), reminding you just how much there is to enjoy outside, even when your eyelashes stick together because of how cold it is. And in spring/summer, the overall vibe that emerges after winter hibernation brings a wonderful ambiance across the province, as you can experience some of the world's best music festivals, outdoor art exhibitions and so much more.

What's your favorite Québécois dish?

Québec has this unique combination of French and British heritage, mixed with so many world influences in its cuisine– it's hard to pick one. I would go with a *tourtière* (Traditional Québécois meat pie), lobster from Gaspésie, a *pouding chômeur* (traditional Québec maple syrup cake) and certainly (albeit not too often) a classic poutine – for someone who's been living abroad for quite some time, these are great reminders of my roots.



Québec City seen from Lévis
© GouvGc Emmanuel Coveney



CHEF DOMINIC SYLVAIN

Executive Chef at the Québec Delegation
in New York

© Kelly Marshall

Born and raised in Montréal, Dominic (*aka* Chef Dom) trained at a leading culinary school and has worked in kitchens across Canada as well as Michelin-starred restaurants in France. He now serves as the Executive Chef of the Québec Delegation in New York.

What is your favorite region in Québec?

Charlevoix

What must-see spot would you recommend?



The Mignerons Family Affrège House of Charlevoix
© GouvQc Benoit Cecile

You need to go visit and taste the products of the [Famille Mignerons](#). They make amazing cheeses, and their wines pair perfectly with them. They were even nominated in the “Best Québec Vineyards” category last year!

Which restaurants do you recommend?

One of my favorites is the [Mouton noir](#) in downtown **Baie-Saint-Paul**. Another must-try is [Camp Boule](#), the restaurant on the top of [Le Massif ski resort](#). Even in the summer it’s open, and both the food and the views are absolutely unforgettable. Also, if you want to eat a real classic poutine, you must try the *casse-croûte* (snack bar) Aux Quatre Vents on the corner of the road between Saint-Urbain and Baie-Saint-Paul.

What’s your favorite season to visit and why?

Summer or winter. Winter is as beautiful as summer if cold weather does not bother you. Charlevoix is so green in the summer, and you can smell the St. Lawrence River everywhere.

What’s your favorite Québécois dish?

I love a real authentic *ragoût de pattes de cochon* (traditional Québec Pork Hock Stew).



JEAN-PIERRE DION

Director of Cultural Affairs

What is your favorite region in Québec?

My favourite region of Québec is **Les Îles-de-la-Madeleine**, known in English as **The Magdalen Islands**. I also love the city of **Montréal** for its great variety of restaurants.

What must-see spot would you recommend?

If I had to recommend a few must-see spots from this region, I would suggest exploring **Montréal**. Highlights include the **Kondiaronk Lookout** and terrace at Mount Royal, **Espace pour la vie** — which encompasses the botanical garden, planetarium, biodôme, and the Olympic Park — and the **Biosphère** located on Sainte-Hélène Island.

Which restaurants do you recommend?

For dining in Montréal, I recommend [Le Café Cherrier](#), a charming restaurant with a warm atmosphere, and [Les Co'Pains d'Abord](#), an artisanal bakery famous for its exceptional croissants and pastries.

What's your favorite season to visit and why?

Fall, because of the weather shift and the mesmerizing mountain landscapes associated with the changing colors of the trees in multiple regions of Québec.

What's your favorite Québécois dish?

I would choose les **cigares au chou** — cabbage rolls filled with a savoury mixture that is both comforting and delicious.



Magdalen Islands
© Tourisme Îles de la Madeleine



ANNE-CÉCILE DEQUEN

Director of Communications, Public Affairs,
and Government Relations

What is your favorite region in Québec?

I would say **Québec City** because it is beautiful and has a lot to discover, but if you're planning a trip and can afford to stay a week or more, then I would recommend the **Cantons-de-l'Est**, particularly the small town of Magog.

What must-see spot would you recommend?

For Québec City, the **Petit Champlain neighborhood**. Although it's a classic tourist destination, its architecture and history alone is still worth the trip. In Winter, it's magical, and in the Summer, it's festive—right in the heart of the action with so many music and street festivals during the months of July and August. If you're looking for a place with less tourists though, I would recommend the walk along the [Promenade Samuel-de Champlain](#). They have done a beautiful job with the accessibility to the riverside and it's just an overall nice walk — weather permitting.

For the Cantons-de-l'Est, my go-to is the **Parc de la Gorge de Coaticook**. Nestled in nature, you can easily walk to trails with family and kids or go on more difficult hikes. Wonderful views during the day, and a truly immersive experience at night thanks to [Foresta Lumina](#). You're combining the expertise of Moment Factory with the beautiful natural elements of the Coaticook forest — it's a must!



Foresta Lumina at Parc de la Gorge de Coaticook
© GouvGc Outpost

Which restaurants do you recommend?

An overall good bistro option both for lunch, brunch or dinner, I would say is [Chez Boulay](#). It's a bistro experience with an accent on Québec local and boreal products. Consistently a great experience, both in terms of the food and the overall atmosphere — I am never disappointed. Also, [Cendrillon](#) in the Limoilou neighborhood is a great dinner option for a date-night or a good time with friends. Lastly, I have to give a shout-out to [Buvette Scott](#) in the St-Jean-Baptiste neighborhood. It offers great shareable plates and a wine-bar ambiance, perfect for enjoying local bites with friends. I used to go there VERY often, as it has a real local *neighborhoody* feel.

For cocktails, one of my favorite spots is a speakeasy: [Mme Belley](#) located inside the Palais Montcalm, where you can also go and listen to jazz music and small shows while sipping on cocktails. I also highly recommend [Maelstrom](#). A coffee spot by day (and a great brunch option — on the lighter side), it converts into a bar by night with great cocktails. I spent most of my university-cramming study sessions there.

What's your favorite season to visit and why?

Summer. Without a doubt! I am not a winter person, so that's out of the question, and if you're not into winter sports, it can get long and dreary. When summer arrives, the city, the nature, and the people come alive in a unique way. It's a festive season and not just because of the number of outdoor festivals that are all worth experiencing, but also just because the people are festive. They enjoy every minute of daylight, every warm embrace, every occasion to go outside and just take full advantage of their scenery.

What's your favorite Québécois dish?

I'm not sure if it's from Québec originally; maybe it's more French, but then again, a lot of Québec's cuisine comes from its French and British heritage. I have eaten it at several really good spots in Québec, though, and I always ask my mum to make some when I head back, especially because you cannot find them anywhere in New York! For me, that's a **seafood casserole**. It's a wonderful dish where you combine fresh seafood like small Gaspésie shrimps, mussels and scallops with small-cut vegetables (celery, leeks or mushrooms, depending on what you prefer), cover it with a bechamel sauce, and place it in a plate laced with potato purée on the sides. Cook it and let the sauce buccle a little. When the purée starts to turn golden, that's when you know it's ready. Delicious!



The Petit Champlain neighborhood in summer
© iStock Delixart



PAUL-THOMAS LACROIX

Director of Economic Affairs

What is your favorite region in Québec?

Gaspésie

What must-see spot would you recommend?

If I had to recommend a few must-see spots from this region, I would suggest **Le Rocher Percé** in the town of Percé, **Mont Albert** (at the Gîte du Mont-Albert in Parc de la Gaspésie), **Baie des Chaleurs** in Bonaventure and Carleton, and **Métis-sur-Mer**, where you can stay at the [Domaine Annie-sur-Mer](#).



Fishing boat on the Gaspésie Peninsula
© iStock Marie-Claude Lemay

Which restaurants do you recommend?

My top picks are [La Maison du Pêcheur](#) in Percé, [La Fabrique - Artisanal Microbrewery](#) in Matane, and [Le Serpentine](#) at the Gîte du Mont-Albert in Parc de la Gaspésie.

What's your favorite season to visit and why?

Definitely Québec in summer, when the region is vibrant and full of life.

What's your favorite Québécois dish?



My favorite Québécois dish is without a doubt **fresh snow crab from Gaspésie**, available only in April and May.

LIST OF QUÉBEC PRODUCTS AVAILABLE NEAR YOU

If you're interested in trying these Québec products in New York, here's a list of places where you can find them.

ALCOOL

- **Aupale:** Sussex Wine and Total Wine
- **Dirty Devil Vodka:** Bowery and Vine and Total Wine
- **Famille Mignerón:** Bluebird Wine & Spirits
- **Iberville:** Folkways Wines and Greenwood Grape & Still

BAKERY

- **Première Moisson:** Confidential
- **Boullart:** Ahold, Giant, Morton Williams and Wakefern

BEVERAGE

- **Guru:** Whole Foods Market and Wegmans
- **Lassonde:** Costco, Lidl, Sysco, Trader Joes, TopCo, Wakefern, Wegmans and Whole Foods Market
- **Sources St-Élie:** Lowes

CONDIMENTS

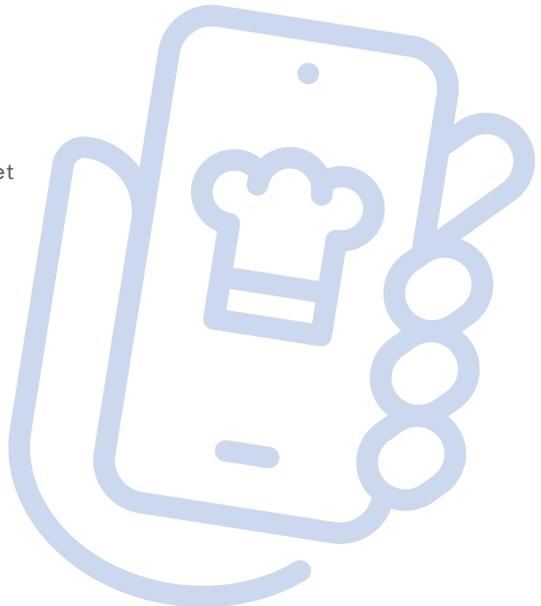
- **Biora:** Fairway
- **Turkey Hill Sugarbush:** Amazon and Walmart

PRODUCE

- **Taste of The North:** Big Y, Price Chopper, Wegmans and Whole Foods Market

SNACKS

- **Basse Nuts:** Amazon, Costco and Walgreens
- **Frankies Organic:** Fairway and Target
- **Groupe Leclerc:** Fairway
- **Jelina Chocolate:** Fairway and Gourmet Garage
- **Mid Day Square:** Fairway, Target, Wegmans and Whole Foods Market
- **Patience & Co.:** Acme, Sprouts and Whole Foods Market
- **Yumi Organic:** Fairway



THE BEST OF QUÉBEC IN THE MICHELIN GUIDE!



Québec's recognition as a Michelin Guide destination is a proud milestone, affirming its world-class culinary excellence and unique blend of Indigenous, French, and British traditions. This honor spotlights local artisans, chefs, and producers, boosting culinary tourism and positioning Québec among top global food destinations.

**Michelin Guide
Québec page**



Scan here

It celebrates the province's deep connection to seasonality, terroir, and innovation, while inspiring future generations of chefs. More than just awards, this recognition cements Québec's reputation as a must-visit culinary hotspot where tradition, authenticity and creativity come together to offer an unforgettable food experience.



THANK YOU for taking the time to explore Québec through our **Gourmet Passport**. We hope this guide has sparked your curiosity and appetite for the rich flavors, vibrant culture, and warm hospitality that define our province. Whether you are planning your next visit or simply savoring Québec from afar, we are delighted to share a piece of our home with you. **Bon voyage – and bon appétit!**

We look forward to hearing from you.
Please do not hesitate to reach out!

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