



In the wild, your **safety** is your **responsibility**



Tell someone where you're going

"Someone knows where I am at all times."



Know where you are

"I can get my bearings and guide a rescue party to me."



Stay in contact

"I'm with a buddy or I have the equipment I need to communicate without my cellphone when there's no reception."



Rely on yourself first

"I'm bringing a first aid kit, because I know it will take time for help to arrive."