

Summary table

Themes and learning content in sexuality education

Kindergarten	Elementary						Secondary				
	1	2	3	4	5	6	I	II	III	IV	V
Sexual Growth and Body Image › Parts of the body › Expressing needs and feelings	Comprehensive View of Sexuality › Aspects of sexuality (body, heart, mind)	Sexual Growth and Body Image › Sexual organs › Appreciating your body and personal hygiene	Comprehensive View of Sexuality › Aspects of sexuality (body, heart, mind and messages conveyed by the social environment)	Sexual Growth and Body Image › Main changes associated with puberty › Feelings about growing up	Sexual Growth and Body Image › Physical and psychological changes associated with puberty › Role of puberty in growth	Comprehensive View of Sexuality › Dimensions of sexuality (biological, psychoaffective, socio-cultural, interpersonal and moral)	Comprehensive View of Sexuality › Entering adolescence	Emotional and Romantic Life › Romantic relationships › Challenges involved in first dating relationships	Identity, Gender Stereotypes and Roles, and Social Norms › Reflect in critical manner on representations of sexuality in the public space	Emotional and Romantic Life › Recognizing symptoms of violence › Solutions to prevent or deal with violence	Comprehensive View of Sexuality › Being comfortable with one's sexuality all one's life
Pregnancy and Birth › Steps in making a baby › Welcoming a new baby	Identity, Gender Stereotypes and Roles, and Social Norms › Gender roles and stereotypes › Respect for differences	Emotional and Romantic Life › Interpersonal relationships › Expressing feelings	Identity, Gender Stereotypes and Roles, and Social Norms › Stereotypes in social environments and in the media › Influence of stereotypes	Identity, Gender Stereotypes and Roles, and Social Norms › Establishing egalitarian relationships	Sexual Assault › Preventing and dealing with sexual assault in a real or virtual context	Sexual Growth and Body Image › Understanding the changes associated with puberty › Body image	Sexual Growth and Body Image › Advantages of having a positive body image › Influence that social norms can have on body image	Sexual Violence › Myths and prejudices about sexual assault › Concept of consent	Emotional and Romantic Life › Benefits of a romantic relationship based on mutuality › Managing conflicts in a healthy way in a romantic relationship	Sexual Behaviour › Issues related to sexual relations in adolescence › Sustaining emotional intimacy and sexual intimacy	Emotional and Romantic Life › Meaningful emotional and romantic relationships
	Sexual Assault › How to recognize a situation of sexual assault › Reporting an incident to an adult	Pregnancy and Birth › The egg and the sperm › Development of a fetus	Sexual Assault › How to recognize different forms of sexual assault › Preventing and dealing with sexual assault	Emotional and Romantic Life › Representations of love and friendship › Attitudes and behaviours in interpersonal relationships		Identity, Gender Stereotypes and Roles, and Social Norms › Impacts of sexism, homophobia and transphobia › Respect for sexual diversity and respect for rights	Identity, Gender Stereotypes and Roles, and Social Norms › Role of puberty in consolidating one's identity	Sexual Behaviour › Sexual behaviour during adolescence › Respect for choices concerning sexual behaviour ›	Sexual Violence › Active role to prevent or report sexual assault › Helpful attitudes toward victims of sexual assault	STBBIs and Pregnancy › Steps to take after unprotected or poorly protected sexual relations › Development of safe sexual behaviours	STBBIs and Pregnancy › Risks of STBBIs and pregnancy associated with different contexts of a sexually active lifestyle › Ethical issues
					Emotional and Romantic Life › Romantic and sexual awakening during puberty		Emotional and Romantic Life › Feelings of love and attraction › Awareness of sexual orientation	STBBIs and Pregnancy › Importance of sexual and reproductive health › Positive attitude toward using protection	STBBIs and Pregnancy › How protection methods work › Development of safe sexual behaviours		