

Apply various strategies to resolve conflicts

**PRE
SCHOOL**

4-6 years old

Examples of what students are expected to learn

- Learn to stop, breathe and calm down.
- Calmly communicate their disagreement, either verbally or with a gesture.
- Discuss a situation by describing the facts using words or images, or with the help of an adult.
- Listen to the other person (their point of view, their understanding of the situation, the emotions they are expressing).
- Express the emotion they are experiencing, in their own way, or by using “I” statements.
- Make concessions or compromises.
- Apologize or carry out reparative actions, if needed.
- Ask an adult for help.
- Etc.

Contribution of the content to adopting prosocial behaviours

Applying various strategies to resolve conflicts fosters interpersonal conflict resolution. Knowing how to resolve conflicts is one of the key concepts in the development of the competency *Adopts prosocial behaviours*.

Influence on the other personal and social competencies

This content also fosters the development of the following competency:

- Manages emotions and stress



Content-related glossary

APPLY VARIOUS **STRATEGIES** TO RESOLVE **CONFLICTS**

Strategy

All of the choices of objectives and methods that guide a person's activities in the medium to long term.

Conflict

A disagreement between individuals.

ADDITIONAL RESOURCES

- For more information on the content related to the development of personal and social competencies
- To find ideas for turnkey structured educational interventions that are in line with the proposed content
- For training designed to help convey the content and establish conditions for implementing it with students
- For other resources and tools related to the content and to the implementation of actions designed to promote the well-being of young people



Resources available
on [Québec.ca](https://www.quebec.ca)