Glossary

Term	Definition
Α	
Active listening	Listen attentively to what others have to say, take the time to understand the ideas presented, ask questions when needed, and avoid interrupting the person speaking at the wrong moment.
Advancement and mobility	Opportunities for advancement or mobility between positions within the profession.
Annual employment income	Median annual employment income earned by workers holding full-time jobs (30 hours or more per week for 49 weeks or more). Includes wages and salaries paid before deductions. The annual employment income figure is that for 2015 and it comes from Statistics Canada's 2016 Census
Assiduity and punctuality	Steadily carry out one's work respecting deadlines and work schedules.
Assist and advise	Help, be of service, advise, and support others.
Assist or care for people	Be concerned about the well-being of others, both physically and psychologically.
Attention to detail and commitment to quality	Ensure that each element of one's work is taken into consideration in order for it to be of the best possible quality.
Attention to details	Consider every element of one's work so that it is of the highest possible quality.
Auditory attention	Concentrate on a single sound in the presence of other distracting sounds.
Autonomy	Demonstrate the capacity and will to carry out actions by oneself.

Term	Definition
Availability	Have time to contribute to one's work and that of others.
Awareness of issues	Determine that something is not going well or that things will probably go wrong. It is not a question of solving a problem, but simply of recognizing its existence.
В	
Biological agents	Exposition to infectious bacteria and viruses after coming into contact with infected matter or microorganisms.
Business, finance and administration	This category includes occupations that are concerned with providing: • Financial and business services • Administrative and regulatory services • Clerical supervision and support services
C	
Capacity for synthesis	Summarize and target key issues.
Capacity to adapt	Adopt a positive, confident, and determined attitude toward change and uncertainty.
Capacity to be discrete	Keep to oneself confidential or personal information.
Capacity to delegate	Transmit responsibilities to another person by providing clear objectives.
Capacity to develop and maintain business relations	Establish and maintain a network of relationships with several people, directly or indirectly related to business operations.
Capacity to establish and maintain interpersonal relations	Make contact with others and maintain relationship of mutual trust.

Term	Definition
Capacity to facilitate a group	Transmit and ensure information exchange among the members of a group by encouraging them to participate.
Capacity to influence and mobilize	Convince and motivate people.
Capacity to network	Establish and maintain professional relationships with other people than one's colleagues.
Capacity to work in a team	Cooperate with others to accomplish a common task.
Capacity to work under pressure	Keep one's calm and concentration in contexts in which responsibilities are important.
Carry out research	Study and analyse a subject matter to discover, invent, or further knowledge.
Classification	Generate or use different sets of rules in order to combine or regroup elements in various ways.
Climatic conditions	Outdoor workplace in which the employee is exposed to temperature changes.
Collect, verify, sort, and classify data or information	Carry out investigations, surveys, or any other task that require manipulating data and information.
Colour perception and distinction	Associate or differentiate colours, including the colour nuances and tones.
Comfortable with basic calculations	Add, subtract, multiply, and divide quickly and correctly.
Commitment	Be loyal and attached to a cause or a business.

Term	Definition
Competencies	Competencies developed needed to perform effectively in one's job, role, function or task, making a difference in job performance.
Conduct tests and trials, control processes	Test, observe, and assess some predefined parameters.
Control accuracy	Adjust accurately, quickly, and repeatedly the controls of a machine or a vehicle.
Controlled ambient temperature	Workplace in which the temperature is normal and controlled.
Coordination	Adapt one's actions according to the actions of others.
Core strength	Use abdominal and lumbar muscles to support a part of the body in a repeated or continuous movement during a given period without abandoning or succumbing to fatigue.
Create, design	Imagine, invent, make, or implement things and ideas.
Creativity	Be capable of imagining and achieving something new.
Critical thinking	Examine things carefully before judging or making a choice.
Critical thought	Use logic and reasoning to identify the strengths and weaknesses of various solutions, conclusions, or ways of tackling problems.
D	
Data collection	Observe, receive, and obtain information from all relevant sources.

Term	Definition
Deductive reasoning	Apply general rules to particular problems in order to formulate answers that make sense.
Depth perception	Determine which of several objects is closest or furthest from oneself, or assess the distance between an object and oneself.
Desire to upgrade one's competencies	Be interested in renewing one's knowledge.
Develop and exploit natural resources	Ensure the renewal and conservation of natural resources or exploit, transform, and distribute them.
Digital dexterity	Execute precise coordinated movements with the fingers of one or both hands to hold, manipulate, or assemble small objects.
Diplomacy	Be skilled in relations and negotiations with others.
Direct, organize, and manage	Be in charge of a group, make decisions, and successfully carry out projects.
Distance vision	See details from a distance
Draft, communicate, and inform	Write, share information, and educate others.
Dynamic physical flexibility	Fold, stretch, or twist one's body, arms, or legs, or reach a given point by using one's limbs or body rapidly and repeatedly.
Dynamic strength	Use muscle strength in a repeated or continuous way during a given period. This ability involves muscular endurance and resistance to muscle fatigue.

Term	Definition
E	
Electricity	Exposition to electrical circuits, high-tension wire, transformers, and other equipment that are a possible source of electric shocks.
Employment	Number of people aged 15 and over who are employed. The data is estimated by Emploi-Québec and, given variations in source data, it should be considered as an approximate indication. Regional estimates are calculated according to place of residence, not region of employment.
Employment opportunities	Five-year job market prospects for an occupation. Excellent The probability of finding a job is considered excellent when it is estimated that, for the period analyzed, there will not be enough workers to meet employers' needs (a labour shortage context). Thus, for a person who has the required skills or who will acquire them, the possibility of finding a job is very high. However, this should not be interpreted as a guarantee of employment. For employers, this means that worker recruitment and retention will be difficult. Good The probability of finding a job is considered good when it is estimated that, for the period analyzed, the number of workers available will be adequate to meet employers' needs (a context of balance between supply and demand for labour). Thus, for a person who has the required skills or who will acquire them, the possibility of finding a job in that occupation is high. This diagnostic should not however be interpreted as a guarantee of employment. For employers, good job prospects mean that generally there will be not be any major obstacles to worker recruitment and retention, given the number of available workers.

Limited

	For a given occupation, the probability of finding a job is considered limited when it is estimated that, for the period analyzed, the number of available workers will be higher than employers' needs (a labour surplus context). Thus, for a person who has the required skills or who will acquire them, the possibility of finding a job in that occupation is lower. This diagnostic does not mean that it will be impossible to find a job, but that job-hunting strategies should be adapted to the context. For an employer, limited job prospects mean that worker recruitment and retention will be easier. Not published The probability of finding a job is not published in the following situations: • An occupation has so few jobs that reliable data cannot be obtained. • An occupation is entered in an atypical manner: nomination or election (e.g. members of legislative bodies or the clergy), display of talent in the arts (e.g. musicians and singers) or sport (e.g. athletes), creation of one's own job (e.g. artisans), etc. • An occupational group covering multiple occupations is too diverse to establish a diagnostic.
Endurance	Sustain a physical effort during long periods of time without running out of breath.
Enjoy challenges	Take a chance without fearing difficulties.
Environment	Conditions in which the individuals who occupy this profession are placed.
Equipment maintenance	Ensure routine maintenance of equipment and determine the type of maintenance required and when it should be done.

Term	Definition
Equipment selection	Identify the type of tools and equipment required to accomplish a task.
Equipment, machinery, tools	Presence and use of equipment, machinery, and power and hand tools.
Explosive strength	Use muscle strength briefly with intensity to propel oneself (e.g. to jump or sprint) or throw an object.
F	
Falling objects	Exposition to falling objects that may cause injuries.
Financial resource management	Determine expenses required for the work and be accountable for them.
Fire, steam, hot surfaces	Exposition to fire, steam, and very hot surfaces that may cause injuries.
Focussed on results	Actively seek ways of obtaining good outcomes expeditiously.
Friendliness	Be kind, courteous, friendly, and pleasant, and show interpersonal skills.
Full-time	30 hours or more of work per week in a main or only job.
н	
Hand-arm stability	Keep one's hand and arm stable while moving the arm, or while holding one's arm and hand in a given position.
Hazardous chemical	Exposition to chemical products by inhalation, absorption, or ingestion, and contact with skin or eyes; they can also ignite or explode.
Hazardous workplaces	Workplaces that present a risk of injuries to the personnel.

Term	Definition
Health Occupations	This category includes occupations concerned with: · Providing health care services directly to patients · Providing support to professional and technical health care staff
Honesty	Act and express oneself with sincerity and coherence.
Hourly wage	The hourly wage calculation is based exclusively on the wages of salaried workers. In the case of an occupation, it is the average of the salaries from the last three available years. In the case of an activity sector, the hourly wage is the one from the last available year.
	Minimum The minimum salary is the first decile, meaning the level of salary that distinguishes the 10% of employed people with the lowest salaries from others. This value is a good indicator of entry-level salaries on the job market.
	Median The salary that divides the employed population's salaries into two equal parts.
	Maximum The maximum salary is the top decile, meaning the level of salary that distinguishes the 10% of employed people with the highest salaries from the others. This value provides a good indication of the highest salaries for a particular occupation.
Human resource management	Motivate and direct people in their work, provide incentives for further training, and identify those who are the most competent for a given task.
Humidity	Activity requiring a direct contact with water or other liquids.

Term	Definition
I	
Idea generation	Formulate a certain number of ideas about a given subject (the importance being in the quantity of ideas generated, not in their quality, accuracy, or creativity).
Impeccable appearance	Present a clean appearance of oneself and be properly dressed.
Inductive reasoning	Associate elements of information in order to formulate general rules or conclusions (in addition to establishing connections between events that do not have any apparent links to one another).
Information organization	Structure things or actions according to a certain order or model by applying a rule or a set of rules (e.g. combinations of numbers, letters, words, images, or mathematical operations).
Information processing	Compile, codify, categorize, calculate, tabulate, or verify information or data.
Information processing speed	Interpret and combine information quickly and organize it into relevant structures.
Installation	Install equipment, machines, cables, or programs according to specifications.
Interests	Work tasks that people in a profession are more inclined to carry out, employment sectors that attract them the most and environments in which they feel good.
Intermediate knowledge of the English language	Intermediate knowledge of the structure and content of the English language, including words' meaning and spelling, as well as drafting, grammar, and pronunciation rules.
Interprofessional mobility	Personnel movement created when a person leaves their job to take a position available in another occupation.

Term	Definition
Inter-regional commuting	Inter-regional commuting is limited to regions in the Montréal census metropolitan area (CMA), which is to say Montréal, Laval, a portion of the Montérégie region, a portion of the Laurentides region and a portion of the Lanaudière region. An occupation is considered to involve significant inter-regional commuting if at least 50% of the persons who carry out the occupation and reside in one region work in another region of the CMA (including the portions of the Montérégie, Lanaudière and Laurentides regions that are outside of the CMA). In such cases, job prospects for this occupation should be considered for the area as a whole, and mainly the Montréal region.
J	
Job prospects by industry sector	Five-year prospects established by Emploi-Québec for the main labor market indicators and employment by sector in Québec as a whole and by region. If fewer than 1,500 people are employed in a sector, regional estimates for that sector are unavailable. Average annual growth 2019-2023 When used by Emploi-Québec in reference to sector-based job
	prospects, annual growth is calculated over a five-year period, then apportioned equally to each year. An average annual growth rate of 2.2% means that the sector is growing at an average of 2.2% per year.
Judgment and decision- making	Analyze and compare the consequences of decisions to determine which choice is the most appropriate.
К	
Knowledge and qualities	Professional knowledge and qualities sought by employers at the time of hiring.
Knowledge of a foreign language often required	Knowledge of a foreign language's structure and content, including words' meaning and spelling, as well as drafting, grammar, and pronunciation rules.

Term	Definition
Knowledge of administration and management	Knowledge of applicable business and management principles for strategic planning, resource allocation, human resource modelling, leadership techniques, production methods, as well as people and resource coordination.
Knowledge of biology	Knowledge of plant and animal organisms, of their tissues, cells, functions, interdependences, and their interactions with one another and with the environment.
Knowledge of buildings and construction	Knowledge of materials, methods, and tools used for the construction and repair of houses, revenue properties, and other structures like highways and roads.
Knowledge of chemistry	Knowledge of the chemical composition, structure, and properties of substances, chemical processes, and their transformations. This includes how to use chemical products, their interactions, their warning signs, their production techniques and their methods of disposal.
Knowledge of communication and media	Knowledge of techniques and methods of production, communication, and media broadcasting. This includes substitution solutions to inform and entertain people by written, oral, and visual means.
Knowledge of computer science, digital and electronics	Knowledge of printed circuit boards, processors, chips, electronic equipment, computer hardware and software, including applications and programming.
Knowledge of customer and personalized services	Knowledge of principles and processes involved in providing customer and personalized services. This includes assessing the clients' needs, respecting quality standards in services, and evaluating clients' satisfaction.
Knowledge of design	Knowledge of design techniques, tools, and principles used when developing technical plans, detailed plans, drawings, and models.

Term	Definition
Knowledge of economics and accounting	Knowledge of the principles and practices of economics and accounting, of financial markets, banks, and the analysis and communication of financial data.
Knowledge of education and training	Knowledge of the methods used to train others in relation to academic or professional knowledge and procedures.
Knowledge of engineering and technology	Knowledge of the practical application of engineering and technologies. This includes the use of principles, techniques, procedures, and equipment for the purpose of designing and producing different goods and services.
Knowledge of geography	Knowledge of principles and methods that describe the characteristics of soil, bodies of water, and air masses, including the particularities, location, mutual relationships, and distribution of plant, animal, and human life.
Knowledge of history and archeology	Knowledge of historical events and their causes, indicators, and effects on civilizations and cultures.
Knowledge of laws and policies	Knowledge of laws, legal codes, legal procedures and precedents, government regulations, decree laws, agency rules, and the democratic political process.
Knowledge of mathematics	Knowledge of arithmetic, algebra, geometry, and calculus, and their applications.
Knowledge of mechanics	Knowledge of machines and tools, including their design, use, repair, and maintenance.
Knowledge of medicine or dentistry	Knowledge of information and techniques necessary to diagnose and treat human injuries, sicknesses, and congenital illnesses. This includes the symptoms, different treatments possible, properties of medications and their interactions, as well as preventive health measures.
Knowledge of office work	Knowledge of administrative and office procedures and systems, like word processing, file and folder management, stenography and transcription, form development, and other office procedures and terms.

Term	Definition
Knowledge of personnel and human resource management	Knowledge of principles and procedures for personnel recruitment, selection, training, remuneration and benefits, work relations and negotiation, as well as human resource information systems.
Knowledge of philosophy and theology	Knowledge of different philosophical systems and religions. This includes their basic principles, values, codes of ethics, their way of thinking, costumes, practices, and their effect on human culture.
Knowledge of physics	Knowledge and prediction of principles and laws applicable in physics, their interrelations and their applications, for the purpose of understanding the dynamics of fluids, matter, and atmosphere, as well as mechanical, electrical, atomic, and subatomic structures and processes.
Knowledge of plant and animal production	Knowledge of techniques and equipment used to ensure planting, growing, and harvesting of food products (plant and animal) for the purpose of consumption, including storage and handling techniques.
Knowledge of production and treatment	Knowledge of raw materials, production processes, quality control, costs, and other techniques that make it possible to maximize the efficient product manufacturing and distribution.
Knowledge of psychology	Knowledge of human behaviour and performance, individual differences in skill, personality, and fields of interest, learning and motivation, research methods in psychology and evaluation and treatment of behaviour and affective disorders.
Knowledge of public safety and security	Knowledge of the relevant equipment, policies, procedures, and strategies used to carry out efficient safety operations on a local, provincial, or national scale to protect people, data, goods, and institutions.
Knowledge of sales and marketing	Knowledge of principles and methods for the presentation, promotion, and sale of products or services. This includes marketing strategies and tactics, product display, sales techniques, and sales control systems.

Term	Definition
Knowledge of sociology and anthropology	Knowledge of group behaviours and dynamics, social trends and influences, as well as migrations, ethnicity, and human cultures, and their history and origins.
Knowledge of telecommunications	Knowledge of transmission, broadcasting, switching, management, and operation of telecommunication systems.
Knowledge of the arts	Knowledge of theory and techniques needed to design, create, and execute musical, choreographic, visual, theatrical, and sculptural work.
Knowledge of the French language	Knowledge of the structure and content of the French language, including words' meaning and spelling, drafting rules, and grammar.
Knowledge of therapy and counselling	Knowledge of principles, methods, and procedures relative to evaluation, diagnosis, treatment, and rehabilitation of people with physical and mental disorders, as well as vocational guidance.
L	
Leadership	Mobilize, influence, and lead others to reach a common goal.
Learning speed	Easily learn new things and integrate them quickly.
Learning strategies	Chose and apply training and teaching methods and procedures adapted to the situation when learning and teaching new subject matter.
Limb coordination	Coordinate two or more limbs (e.g. two arms, two legs, or one leg and one arm) from a sitting position, standing, or lying down. This ability does not involve carrying out activities in which the whole body is moving.
Limb movement speed	Move rapidly arms and legs.

Term

Definition

Μ

Make technical plans and drawings	Design visual representations of an idea of an object or construction.
Make, build, install	Produce and repair objects or constructions by working manually.
Management occupations	This category includes: • Legislators • Middle or senior management
Manual dexterity	Move rapidly one's hand, one's hand and arm simultaneously, or both hands in order to hold, manipulate, or assemble objects.
Material resource management	Obtain equipment, facilities, and material needed to accomplish a given task and make sure they are used appropriately.
Mathematical reasoning	Choose the appropriate mathematical methods and formulas to solve a problem.
Mathematics	Use mathematics to solve problems.
Memorization	Remember information, like words, numbers, images, and procedures.
Monitoring operations	Monitor gauges, dials, and other indicators to ensure that a machine works correctly.

Term

Definition

Ν

Natural and applied sciences and related occupations	This category includes professional and technical occupations in the sciences, including: · Physical sciences · Life sciences · Engineering · Architecture · Information technology
Natural resources, agriculture and related production occupations	This category includes supervisory and equipment operation occupations in natural resource based sectors: • Mining and oil and gas production • Forestry and logging • Agriculture • Horticulture • Fisheries
Near vision	See details from close (a few feet from the person).
Negotiation	Rally others and endeavour to reconcile different perspectives.
Night vision	See in low light.
Noise	Exposition to sufficient (constant or intermittent) noise to distract or provoke eventual hearing loss.
Nontoxic dust	Exposition to nontoxic suspended particles of dust from fabrics, flour, sand, wood, and feathers.
Non-traditional for men	An occupation is said to be non-traditional for men when they make up less than 33% of the labor force.
Non-traditional for women	An occupation is said to be non-traditional for women when they make up less than 33% of the labor force.

Term

Definition

0

Occupations in art, culture, recreation and sport	This category includes professional and technical occupations related to art and culture, including: • The performing arts • Film and video • Broadcasting • Journalism • Writing • Design • Library science • Museology • Recreation and sport
Occupations in education, law and social, community and government services	 This category includes a range of occupations related to the following fields: Teaching Law Social and community services Social sciences Public administration, including front line public protection services Developing government policy Administering government and other programs.
Occupations in manufacturing and utilities	This category includes supervisory and production occupations in: • Manufacturing • Processing • Utilities
Odours	Prolonged exposition to intense and noxious odours.
Official name of the NOC	National Occupational Classification: an officially recognized classification system for occupations that make up the Canadian job market. The NOC includes 500 occupational groups identified by four-digit codes and over 40,000 job titles.
Open-mindedness	Admit and respect the different opinions and attitudes of others.

Term	Definition
Operation analysis	Analyze needs and target product requirements to establish an action plan.
Operations and control	Monitor the proper operation of equipment or systems.
Oral comprehension	Listen to and understand information and ideas presented orally with words and sentences.
Oral expression	Communicate effectively orally while adapting to the audience's language level.
Originality	Formulate unusual and ingenious ideas about a given situation or subject, or find creative ways of solving a problem.
Overall balance of the body	Sustain or regain one's physical balance or remain straight in an unstable position.
Overall coordination of the body	Coordinate the movement of one's arms, legs, and torso at the same time when the whole body is moving.
Ρ	
Part-time	Less than 30 hours of work per week in a main or only job.
Patience	Carry out a task without worrying about the time required and while keeping calm.
Perception speed	Establish quickly and correctly similarities and differences between groups of letters, numbers, objects, images, or structures. The elements to compare can be presented simultaneously or consecutively. This skill includes the ability to compare an object that is presented with an object that is remembered.
Peripheral vision	See objects or moving objects at one's side while looking straight forward.

Term	Definition
Perseverance	Continue a task voluntarily and maintain activities despite the difficulties encountered.
Personality profiles (RIASEC)	RIASEC profiles are drawn from Holland's typology, which includes six different personality types: (R) realistic, (I) investigative, (A) artistic, (S) social, (E) enterprising and (C) conventional.
	Realistic People with this profile prefer carrying out concrete tasks and being physically involved in what they do.
	Investigative People with this profile prefer relying on theoretical knowledge before acting. They like observation, analysis and problem solving.
	Artistic People with this profile prefer to express their emotions and thoughts through various art forms. They like to use their imagination.
	Social People with this profile prefer to be in contact with others, in particular to entertain, help or teach them.
	Enterprising People with this profile prefer having responsibilities, influencing others and responding to challenges.
	Conventional People with this profile prefer specific, well-defined tasks. They like to respect the order of things and follow established rules.
Persuasion	Persuade others to change their way of thinking or their behaviours.
Physical flexibility in extension	Fold, stretch, or twist one's body, arms, or legs, or to reach a given point by using one's limbs or body.

Term	Definition
Political sense	Employ strategies to have influence in a given setting and to understand power dynamics.
Processing flexibility	Identify or target a known structure (a figure, an object, a word, or a sound) that is hidden by distracting elements.
Professional ambition	Show a will to succeed and to constantly do better.
Programing	Write programming codes, develop software, and configure functions.
Q	
Quality control analysis	Test or inspect products, services, or processes to assess their quality or performance.
R	
Radiation	Exposition to ionizing radiation (such as X-rays or radioactive substances) or to non-ionizing radiation (such as radio airwaves, infrared and ultraviolet rays, and visible light).
Reaction time	React quickly (with hand, finger, or foot) to a signal (sound, light, image).
Reading comprehension	Understand written sentences and paragraphs in work-related documents.
Red seal	A program that recognizes, across Canada, some forty trades, the skills that workers acquire in their workplace and in vocational training centres.
Related occupations	Occupations that have similarities with a particular occupation, but that are included in another occupation category in the National Occupation Classification.

Term	Definition
Related occupations	The main occupations carried out by people employed in a given sector of activity. The list includes the 15 main occupations, excluding those that comprise less than 1% of people employed in the sector.
Repair	Repair machines or systems with the appropriate tools.
Respect others	Be considerate to others and treat them accordingly.
Respect standards and regulations	Act in accordance with the behaviours expected.
Response orientation	Choose quickly between two or more movements in response to two or more different signals (lights, sounds, images). This includes the speed with which the hand, the foot, or any other part of the body is set in motion.
Result evaluation	Ensure performance monitoring and evaluation of oneself, of others, or of organizations in order to bring improvements or corrective measures.
Rigour	Be accurate, logical, and precise.
S	
Sales and service occupations	This category includes occupations in: · Sales · Personal and protective services · Hospitality and tourism
Science	Apply the scientific rules and methods to solve problems.
Seasonal	An occupation is defined as seasonal when people carrying out this occupation have a high probability of facing recurring unemployment at certain times of year.
Sectors of activity	The main sectors of economic activity employing people in a given occupation.

Term	Definition
Selective attention	Concentrate on a task for a given period of time without being distracted.
Self-employment	Work for oneself, manage one's own work, without supervision.
Sense of equity	Be fair and impartial and act in a way that acknowledges every person's rights.
Sense of initiative	Take the lead and move into action without waiting for others' instructions.
Sense of observation	Be able to identify changes and details.
Sense of responsibility	Be aware of one's obligations and respect deadlines, expectations, priorities, and established objectives.
Sensibilité auditive	Detect or tell the difference between sounds of varying tones and volume.
Service oriented	Actively seek ways to help people.
Skill type	Skill type is defined as the type of work performed, but also the field of study or work experience usually required for entry into the occupation.
Skills	Abilities, innate and developed, that facilitate the acquisition of knowledge and competencies required to perform the expected work.
Social perception	Be aware of others' reactions and understand why they are reacting in such a way.
Solving complex problems	Identify complex problems and review the information connected to them to establish and assess the possible options and implement solutions.
Sound origin identification	Determine where sound comes from.

Term	Definition
Spatial orientation	Determine one's position in one's environment or the situation of objects in relation to their position.
Speech clarity	Speak clearly in a way that is understood by others.
Speech recognition	Recognize somebody's voice and understand what they are saying.
Speed control	Coordinate the execution of one's movements or the movement of a piece of equipment prior to changes in the speed or direction of an object or moving environment.
Spoken and written bilingualism (French and English) often required	Express oneself verbally or in writing in French and English.
Spoken bilingualism (French and English) often required	Express oneself verbally in French and English.
Sports or physical activity	Perform physical exercises.
Static muscle power	Use maximum muscle strength to lift, push, pull, or transport objects.
Strategic sense	Project actions and decisions in the future to make better choices.
System analysis	Determine how a system should work and its effect on the results of changes in conditions, activities, and environment.
Systems evaluation	Set system performance measures or indicators and identify the steps needed to improve or rectify performance in line with system objectives.

Definition

Т

Teach or educate	Transmit knowledge to others, teach them things by giving courses or training.
Teaching	Teach others how to do something.
Technological design	Design or adapt equipment or technology to meet clients' needs.
Time management	Manage time for oneself and others.
Time sharing	Navigate between two or more activities or sources of information (e.g. speech, sounds, touch, or other sources).
Timeliness	Execute tasks quickly.
Tolerance to bright light	See objects when light is blinding or bright
Tolerance to frequent temperature variations	Carry out one's work in a variety of weather conditions.
Tolerance to routine work	Carry out repetitive tasks over a long period of time.
Tolerance to stress	Keep one's calm in stressful situations.
Trades, transport and equipment operators and related occupations	This category includes: · Construction and mechanical trades · Supervisors (foremen) · Contractors · Operators and drivers of transportation and heavy equipment
Transparence	Accept one's ideas and express them openly to others.

Term	Definition
Troubleshooting	Determine the causes of operational errors and decide what measures to take.
U	
Uncontrolled ambient temperature	Indoor workplace with temperatures or humidity levels likely to be different from normal conditions.
V	
Vehicle or passenger compartment	Workplace located within any vehicle.
Verbal skills	Communicate information and ideas verbally in a clear manner.
Versatility	Be competent in various fields and know how to fulfill a variety of functions.
Vibration	Exposition of one's body to oscillating or trembling movements.
Violence	Risks related to the verbal or physical violence of individuals.
Visualization	Imagine the aspect of a thing following its displacement, or following the displacement or the reorganization of its parts.
Vitality	Be enthusiastic, full of energy, and be cheerful.
W	
Watch, defend, and secure	Protect and rescue the population, as well as defend its rights.
Work in an office	Carry out administrative tasks, often related to writing and in a stable environment.

Term	Definition
Work in computer science or information and communication technologies (ICT)	Apply knowledge of computers and other information and communication systems.
Work in contact with nature and animals	Care for, protect, and study the fauna and flora.
Work in hotels, restaurants, and tourism	Apply knowledge of culture, history, food industry and customer service.
Work in sales or client service	Listen to and advise clients to better meet their needs.
Work in the arts, culture, music, or leisure	Imagine, create, and implement artwork.
Work in transportation and maintenance	Perform or assist in the design, manufacture and maintenance of road, sea, air or rail transportation of persons or goods.
Work manually	Perform manual work that requires strength, dexterity, or physical abilities.
Work outdoors	Participate in activities that take place in nature or outdoors.
Work with numbers	Apply knowledge of mathematics, logic, calculus and numerical analysis.
Workplace Apprenticeship Program (PAMT)	A program that supports structured learning activities and workplace recognition of skills, created by the Commission des partenaires du marché du travail and Emploi-Québec, in partnership with workforce sectoral committees. Skill acquisition and evaluation function through an apprenticeship system. A Certificate of Qualification is delivered when the apprentice masters the required skills for their trade or occupation. Certificates are recorded in a public register.

Term	Definition
Wrist-finger speed	Execute quick, simple, repeated movements of the fingers, hands, and wrists.
Written comprehension	Read and understand information and ideas presented in writing.
Written expression	Communicate effectively in writing while adapting to the reader's language level.
Written skills	Communicate information and ideas in writing in a clear manner.