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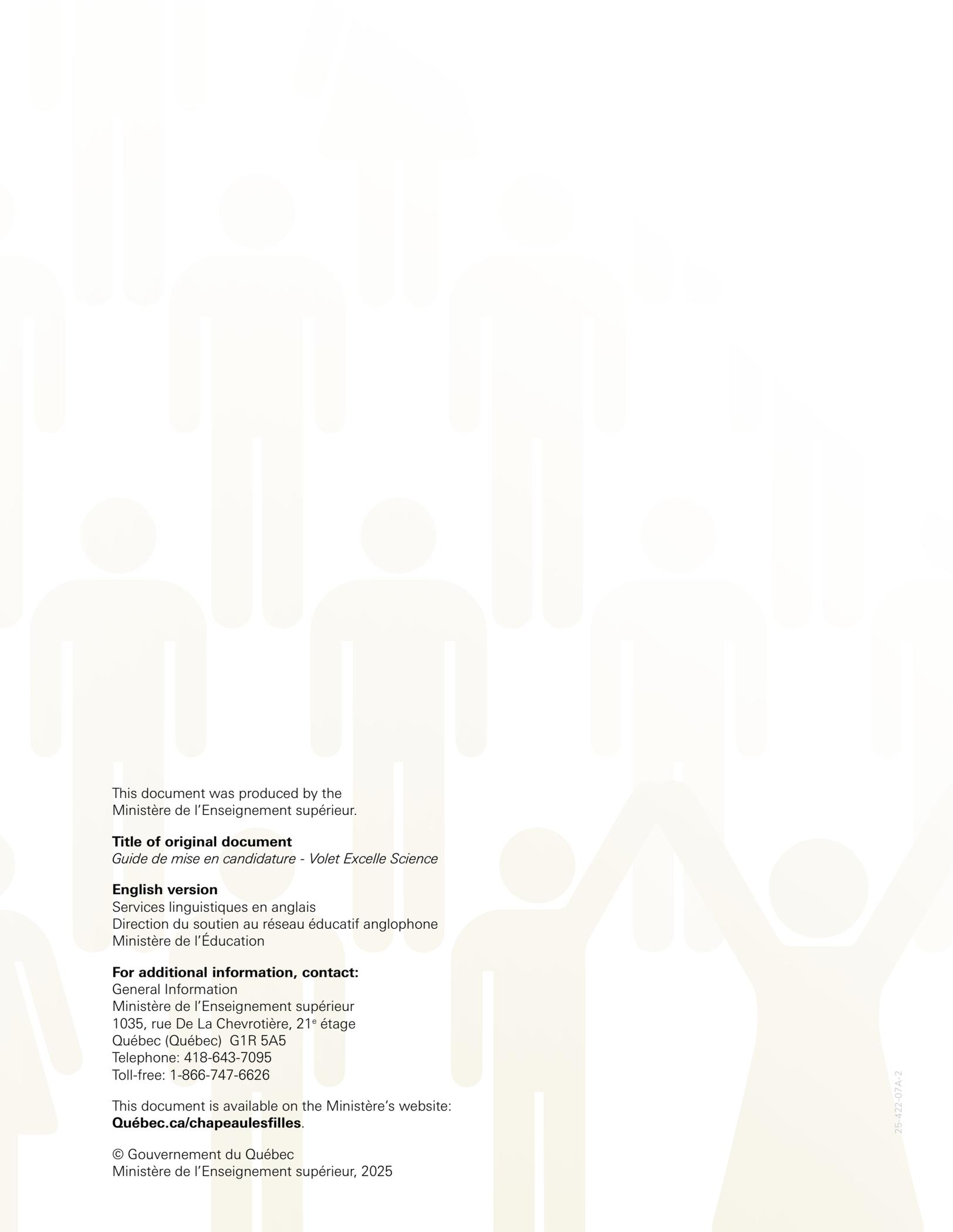
# HATS OFF TO YOU! AND EXCELLENCE IN SCIENCE CONTESTS 2025-2026

## APPLICATION GUIDE

# EXCELLENCE IN SCIENCE

**SUBMISSION DEADLINE: FEBRUARY 13, 2026**  
**MANY PRIZES WORTH BETWEEN \$2000 AND \$5000**





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Ministère de l'Éducation

**For additional information, contact:**

General Information  
Ministère de l'Enseignement supérieur  
1035, rue De La Chevrotière, 21<sup>e</sup> étage  
Québec (Québec) G1R 5A5  
Telephone: 418-643-7095  
Toll-free: 1-866-747-6626

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*The Ministère de l'Enseignement supérieur invites women and girls working toward a bachelor's degree in a science or engineering field leading to working in a traditionally male-dominated field to participate in the **Excellence in Science** contest.*

*The candidates are encouraged to talk about what motivates them and their future projects.*

*This contest is intended to showcase the diverse career opportunities available to young women and to support those who venture off the beaten track toward a diploma.*

## **CONTEST ELIGIBILITY**

- Candidates must be enrolled full-time in a bachelor's program in one of the science or engineering programs selected for the contest (see the Fields and programs eligible for the 2025-2026 Excellence in Science contest section at the end of this guide) and must not have failed in more than two subjects in their last school term.
- They must attend a university-level institution in Québec.
- They must be Canadian citizens or permanent residents and have resided in Québec for more than a year.

### **Please note:**

- Graduate students at the master's and doctoral levels are not eligible for the contest.
- Winners from the past three years are not eligible. A candidate who wishes to once again be eligible for the contest must have changed her program of study, and over three years must have elapsed since she was last declared a winner.
- Winners of the Hats Off to You! contest are eligible for the Excellence in Science contest if they meet the general contest requirements.

## 2025-2026 LIST OF PRIZES

Thanks to the contest's partners, 27 prizes ranging from \$2000 to \$5000.

These 27 prizes will be awarded in June 2026.

- Four prizes of \$5000: Excellence in Science
- Ten prizes of \$2500: Excellence in Science
- One prize of \$2500: Agriculture and Agri-Food
- One prize of \$2500: Indigenous and Cultural Communities
- One prize of \$2500: Networking Skills
- One prize of \$2000: Environment
- One prize of \$2500: Equity
- One prize of \$3000: Professional Expertise
- One prize of \$2500: Showcase Your Region!
- One prize of \$2500: Employment Prospects
- One prize of \$2500: Inspiring Engineer
- One prize of \$2000: Perseverance
- One prize of \$3000: Next Generation
- One prizes of \$2500: Natural Resources and Forests
- One prize of \$2000: Transportation

## HOW TO PARTICIPATE

Candidates must register online at [Quebec.ca](https://Quebec.ca) . The application package must contain the following documents:

- 1) the registration form
- 2) the answers to the general questions on their career choice
- 3) the answers to the additional questions related to the prizes for which they are registered (candidates must select the prize(s) that best match their profile)
- 4) a copy of their transcript
- 5) their résumé
- 6) the recommendation from their educational institution

The *Documents to be provided* section outlines the details on submitting an application.

**Deadline: February 13, 2026**

## TEN TIPS TO HELP YOU COMPLETE THE REGISTRATION FORM

### 1) Carefully read the instructions in the application guide

Make sure you fully understand all the questions and the conditions for each prize.

### 2) Be clear and concise

Provide well-structured answers using concise sentences. Be as specific as possible. Aim to write approximately **300 words** per question.

### 3) Include examples in your answers

Be sure to highlight your specific achievements and personal experiences, and describe projects that demonstrate your particular skills and commitment. You can use photos to enhance your application.

### 4) Highlight your involvement

Whether in your studies, teamwork or volunteer work, show how you stand out.

### 5) Personalize your answers

Tailor each answer to the objectives of the prize for which you are applying.

### 6) Proofread your answers

Check your answers for spelling, grammar and clarity. The presentation of answers is an important selection criterion.

### 7) Respect the formatting standards

Follow a consistent structure and use a separate page for each prize to facilitate the jury's review of your application. Include your name and program of study in the top right corner of each page. Make sure to number your answers.

### 8) Be yourself and be positive

Be sincere. Share your passions and motivation in order to leave a lasting impression on the jury.

### 9) Apply for multiple prizes

To increase your odds of gaining recognition and winning a prize, apply for all the prizes you are eligible for.

### 10) Prepare your application documents

Be sure to have your most recent transcript on hand to avoid any last-minute stress. Prepare your answers to the general questions as well as those for each additional prize you are applying for.

## GENERAL QUESTIONS

(Answer each of the general questions in approximately 300 words.)

**1) How did you become interested in or passionate about your field of study?**

*Give at least two reasons explaining your career choice. You can make connections with your interests, your abilities, your family context or with life experiences that showcase your passion.*

**2) As a female student in a traditionally male-dominated program of study, describe at least two techniques (strategies, methods, tips or tricks) that you used to integrate yourself and find your place in your program, your courses or your internships.**

*Give at least one example for each technique.*

**3) Over the course of your training, which project or achievement are you most proud of?**

*Briefly present your project or achievement.*

*Describe the greatest challenge you faced during this project or achievement.*

*Lastly, define the solutions you have implemented and the personal qualities you displayed. Explain why these make you proud.*

**4) After you complete your studies, what occupation would you like to pursue and why?**

*Outline the aspects of the occupation that interest you the most and describe what you would like to do specifically. You can mention the job you are considering in the short term, but also your plans for the future.*

**5) Which of your school mentor's characteristics has influenced you the most and what impact did they have on your educational path?**

*How does this person stand out? Describe their personal qualities and professional competencies by giving examples.*

## ADDITIONAL QUESTIONS

Refer to the additional questions related to the different prizes.

## FORMATTING STANDARDS

The answers to the questions must comply with the following standards:

- The top right of each page must contain your first and last name, as well as your program of study.
- Answers must be numbered and given in separate paragraphs.
- Line spacing must be set at 1.5.
- The font must be 11-point Arial.
- Letter-size paper must be used.
- Answers must be approximately 300 words for each of the general questions and for the additional questions.
- There must be an additional page for the answers to the questions for each prize selected.

## SELECTION CRITERIA

Application packages will be assessed according to the following criteria:

- quality of the presentation of answers (clarity, authenticity, persuasiveness)
- relevance of the candidate's reasons for entering the contest
- favourable recommendation from the educational institution

## DOCUMENTS TO BE PROVIDED

Before submitting the application, make sure that all the following documents are in PDF, JPEG or PNG format:

- a copy of a transcript issued by the university attended
- the answers to the five general questions
- the answers to the additional questions relating to each of the provincial prizes for which you are applying
- a résumé

## RECOMMENDATION FROM THE EDUCATIONAL INSTITUTION

In addition, a mentor must support the candidate's application. The mentor could be a teacher or a staff member of the educational institution attended. The mentor's contact information must be included in the appropriate section of the online registration form. An automated email will be sent to the mentor in order to complete the recommendation process.

To this effect, the mentor will be asked to answer the following two statements:

- 1) Describe the candidate, taking into account her academic achievements (school marks, quality of work, etc.) and personal aptitudes (adaptability, creativity, team spirit, perseverance, etc.).**
- 2) Tell us how the candidate stands out or why you feel she merits an award in the Excellence in Science segment of the Hats Off to You! contest, which promotes the role of women in traditionally male-dominated occupations.**

## MENTORSHIP PRIZES FOR TEACHERS AND STAFF MEMBERS

In order to recognize the contribution of mentors who support students on their training path and help them prepare their applications, the Ministère will award three prizes worth \$750 each (two for Hats Off to You! and one for Excellence in Science). The purpose is to highlight the importance of mentorship in schools and the effect it has on student success.

### How to nominate someone for a Mentorship prize

Mentorship prizes are reserved for staff members. It is up to the candidates to nominate their mentor by answering General Question 5.

Mentorship prizes are worth \$750 each and are awarded to three mentors who recommended a candidate and who received a favourable review from them.

## SUBMISSION OF THE APPLICATION PACKAGE

- 1) Candidates must submit their application package and all the required documents online by midnight on February 13, 2026.
- 2) The mentor, who must be a member of their school staff, must submit a recommendation online by midnight on February 17, 2026.

### Confirmation of eligibility

Candidates will receive two automatic emails: one acknowledging receipt of their application, and another one confirming reception of the mentor's recommendation.

### Personal information

By registering, you affirm that you have read and fully understood the information published on the contest's website as well as the information that appears below.

Photographs or footage taken of you during the provincial awards ceremony, as well as a short biography, will be published in the *Laureates* section of the website. These documents may also be used on various media, electronic or paper, to promote the event. Please note that only images showing you in a positive light will be used.

To this effect, you assign to the Ministère, free of charge, all the exclusive rights, for a limited time of one year, to reproduce and publish these documents for the purposes of promoting the *Hats Off to You!* contest, and you renounce any and all related claims.

Your file will be transmitted to those responsible for awarding prizes in the relevant contest categories. Finally, please be advised that the contest coordinator at the Ministère will contact you first should a journalist or any other person wish to contact you.

Under the *Act respecting Access to documents held by public bodies and the Protection of personal information* , you can exercise your right to access personal information about you held by the Ministère and to have it corrected.

# EXCELLENCE IN SCIENCE PRIZES

## (MES AND MEIE)

### What do you see as the role of women in science and engineering?

The **Ministère de l'Enseignement supérieur (MES)** awards two prizes of \$5000 and five prizes of \$2500.

The **Ministère de l'Économie, de l'Innovation et de l'Énergie (MEIE)** also awards two prizes of \$5000 and five prizes of \$2500.

#### Questions

In addition to the answers to the general questions, the candidate's application package must include the answers to the following questions (approximately 300 words for each answer):

- 1) **What solutions would you suggest in response to a social challenge related to your field of study? Describe this challenge and your suggested solutions.**

*In connection with your field of study, identify a problem or challenge our society is facing. Propose tangible solutions that can be applied to your future field.*

- 2) **What initiatives or actions have you implemented or supported in order to encourage other women to choose a male-dominated field? Describe this influence and the means used to exert it.**

*Name at least two activities in which you have participated as an inspiring role model for other young women. This could be in-person events or promotion on social media (organized by other people or by you). For each activity, describe your role.*

- 3) **Why should you be selected to receive this prize? What benefits would you derive from this recognition on an educational, personal, professional or social level?**

*What benefits would you derive from this recognition on an educational, personal, professional or social level? Explain why you would make an excellent ambassador for this contest and why should you be selected to receive this prize?*

#### Additional information

To learn more about MEIE, go to its website [🔗](#).

To learn more about MES, go to its website [🔗](#).

# AGRICULTURE AND AGRI-FOOD PRIZE

(MAPAQ)

## Feet on the ground

The **Ministère de l'Agriculture, des Pêcheries et de l'Alimentation (MAPAQ)** awards a prize of \$2500 to a student enrolled in a program in one of the fields mentioned below.

### Questions

In addition to the answers to the general questions, the candidate's application package must include the answers to the following questions (approximately 300 words for each answer):

**1) How will the skills acquired in your training prepare you to work in the field of agriculture or agri-foods?**

*Choose at least two skills that you have developed in your training and explain clearly why each skill is essential in your future field.*

**2) How are you currently involved in the field?**

*Describe at least two actions that demonstrate your involvement in this field.*

### Fields and programs eligible

- **Agricultural Engineering, Rural Engineering**
  - Bachelor's Degree in Agroenvironmental Engineering
  - Bachelor's Degree in Bioresource Engineering
- **Biological and Biomedical Engineering**
  - Bachelor's Degree in Biotechnology Engineering
- **Food Engineering**
  - Bachelor's Degree in Food Engineering

### Additional information

To learn more about MAPAQ, go to its website [🔗](#).

# INDIGENOUS AND CULTURAL COMMUNITIES PRIZE

**(CSN)**

## Are you a member of an Indigenous or cultural community? Tell us your story.

The **Confédération des syndicats nationaux (CSN)**, in collaboration with the **Fédération nationale des enseignantes et des enseignants du Québec (FNEEQ)**, the **Fédération des employées et employés de services publics (FEESP)** and the **Fédération des professionnelles (FP)**, awards one prize of \$2500 to a student who is a member of an Indigenous or cultural community and who has chosen to practise a traditionally male-dominated occupation.

### Questions

In addition to the answers to the general questions, the candidate's application package must include the answers to the following questions (approximately 300 words for each answer):

**1) As a member of an Indigenous or cultural community, what obstacles have you had to face?**

*Name at least two obstacles you had to face and explain the strategy or strategies you used to overcome them.*

**2) In what ways can coming from an Indigenous or cultural community be an asset or a strength in your studies or in your profession?**

*Describe how your culture or background helps you succeed in the classroom or workplace. You can also explain how this can be a source of inspiration in your working environment or for your classmates.*

### Additional information

To learn more about the CSN, go to its website [🔗](#).

# NETWORKING SKILLS PRIZE

**(MEIE)**

## The importance of a professional network for your career in science and engineering

The **Ministère de l'Économie, de l'Innovation et de l'Énergie (MEIE)** awards a prize of \$2500 to a student who demonstrates an ability to establish and maintain constructive and durable relationships with groups or associations.

### Questions

In addition to the answers to the general questions, the candidate's application package must include the answers to the following questions (approximately 300 words for each answer):

- 1) To which organizations do you belong (type of group or association, mission, activities, commitments, etc.) and what motivates you to be involved?

*Name two organizations to which you belong. For each organization, describe at least one action or achievement that demonstrates your involvement.*

- 2) What tangible effects and consequences does your involvement have on this group or these groups, on your educational institution, on student life, on the sector, on the community, etc.?

*Describe two tangible beneficial effects of your involvement in each organization to which you belong.*

### Additional information

To learn more about MEIE, go to its website [↗](#).

# ENVIRONMENT PRIZE

(MELCCFP)

## So it's important to you to care for the planet?

The **Ministère de l'Environnement, de la Lutte contre les changements climatiques, de la Faune et des Parcs (MELCCFP)** is also offering a \$2000 prize to student who is working toward improving environmental practices and fighting climate change.

### Questions

In addition to the answers to the general questions, the candidate's application package must contain the answers to the following questions (approximately 300 words for each answer):

- 1) In the last five years, what personal or professional projects did you complete in relation to protecting the environment, the fauna and parks or fighting against climate change?

*Highlight your personal or professional involvement by naming at least two of your achievements in your field of study. Describe two tangible beneficial effects of your involvement in each of your achievements.*

- 2) Following your training, how do you think you will be able to contribute, in the practice of your chosen trade or occupation, to the evolution of work methods related to protecting the environment, the fauna and parks or fighting against climate change?

*Describe at least two contributions you would like to bring to your field.*

### Additional information

To learn more about the MELCCFP and its previous prizewinners, go to its website [🔗](#).

# EQUITY PRIZE

(FTQ)

## Tell us your story

The **Fédération des travailleurs et travailleuses du Québec (FTQ)** awards a prize of \$2500 to a student who has chosen a traditionally male-dominated occupation and is involved in her community.

### Questions

In addition to the answers to the general questions, the candidate's application package must contain the answers to the following questions (approximately 300 words for each answer):

**1) What is the nature of your community involvement, and how important is it to you?**

*Name two organizations to which you belong (group, association, organization, activities, commitments, etc.). For each organization, explain your motivation to become involved, and describe at least one action or achievement that illustrates your commitment.*

**2) In your opinion, what obstacles will you face in taking your place in a traditionally male-dominated occupation? How do you intend to overcome them?**

*Describe at least two obstacles you might face. Then outline the strategy or strategies you plan to implement to overcome each obstacle, illustrating them with concrete means you could use or actions you could take.*

**3) In your opinion, what can unions do to support female employees working in traditionally male-dominated fields or to help them remain in these jobs?**

*Propose at least two concrete ways in which unions could facilitate the integration of young women in your field. Provide examples that illustrate how your ideas could have a positive impact on the integration of women.*

### Please note

The FTQ jury reserves the right to transfer the prize to the Hats Off to You! contest if any of the requirements of the Excellence in Science contest are not met.

### Additional information

To learn more about the FTQ, go to its website [🔗](#).

# PROFESSIONAL EXPERTISE PRIZE

**(SPGQ)**

## For those who want to contribute to the future of Québec society

The **Syndicat de professionnelles et professionnels du gouvernement du Québec (SPGQ)** is offering a \$3000 prize to a woman pursuing training in a non-traditional field and who would like to occupy a professional position within the public administration.

### Questions

In addition to the answers to general questions, the candidate's submission must include answers to the following questions (approximately 300 words for each answer):

- 1) **What are your reasons for wanting to work in public administration? What aspect of this work interests you?**

*Name at least two aspects that particularly attract you to work in the public service. Explain why each aspect is attractive to you.*

- 2) **What professional project would you like to complete in public administration?**

*Describe a project you would like to carry out within the public service, and give at least two reasons why you would like to do it.*

- 3) **Describe a work or project that you successfully completed. How does this work or project show that you would be a good candidate for a position in public administration?**

*Choose your project and describe it with pride. Please be sure to link it to at least two skills that you have developed in order to carry out this project and that will be assets for a position in the public service. Provide examples of possible applications in your future work.*

### Additional information

To learn more about the SPGQ, go to its website [🔗](#).

# SHOWCASE YOUR REGION! PRIZE

**(MAMH)**

## Do you want to help raise the profile of your region?

The **Ministère des Affaires municipales et de l'Habitation (MAMH)** awards a prize of \$2500 to a student enrolled in one of the programs eligible for the contest. The prize will be awarded to the candidate who has best demonstrated how her involvement in her community, training and future career could help promote her municipality or region.

### Questions

In addition to the answers to the general questions, the candidate's application package must include the answers to the following questions (approximately 300 words for each answer):

- 1) How will the competencies you acquired during your training enable you to contribute to the social and/or economic development of your region?

*Explain how the competencies you acquired in your program of study will help the economy or social development of your region. Provide one or more examples of tangible applications of these competencies that could make a real difference locally.*

- 2) What is motivating you to contribute to promoting your region? Share some examples of your involvement in your community.

*Provide one or more examples of your involvement in your community (group or association, mission, activities, commitments, etc.). For each example, describe at least one action or achievement that demonstrates your involvement.*

### Additional information

To find out more about the MAMH, go to its website (in French only) [🔗](#).

# EMPLOYMENT PROSPECTS PRIZE

(MES)

## Have you chosen a program that focuses on the future?

The **Ministère de l'Enseignement supérieur (MES)** awards a prize of \$2500 to a student enrolled in a traditionally male-dominated program that offers the best employment prospects and in which an increase in enrolment is advisable in order to fill the available jobs.

### Questions

In addition to the answers to the general questions, the candidate's application package must include the answers to the following questions (approximately 300 words for each answer):

- 1) **What do you think are the best promotional tools to encourage women to choose a traditionally male-dominated program of study that offers the best employment prospects?**

*Name at least two ways to encourage young women to enrol in a promising sector. Please make sure that these recommendations are realistic and original.*

- 2) **What are the personal aptitudes that you developed that will help you take your place in your field when you enter the job market after completing your studies?**

*Identify at least two personal aptitudes and explain how they can be a source of inspiration for your workplace and the future of your profession.*

### Fields and programs eligible<sup>1</sup>

- **Aerospatial, Aeronautical and Astronautical Engineering**
  - Bachelor's Degree in Aerospatial Engineering
- **Biological and Biomedical Engineering**
  - Bachelor's Degree in Biomedical Engineering
  - Bachelor's Degree in Biotechnology Engineering
- **Civil, Building and Transportation Engineering**
  - Bachelor's Degree in Building Engineering
  - Bachelor's Degree in Civil Engineering
  - Bachelor's Degree in Construction Engineering
  - Bachelor's Degree in Water Engineering
- **Computer Engineering and Construction of Computers**
  - Bachelor's Degree in Computer Engineering
  - Bachelor's Degree in Computer and Electronic Systems
- **Chemical Engineering**
  - Bachelor's Degree in Chemical Engineering
- **Earth Sciences**
  - Bachelor's Degree in Earth and Atmospheric Sciences (Geology concentration)
- **Electrical, Electronic and Communications Engineering**
  - Bachelor's Degree in Electrical Engineering
  - Bachelor's Degree in Electromechanical Engineering
  - Bachelor's Degree Electromechanical Systems Engineering
  - Bachelor's Degree in Information Technologies Engineering
  - Bachelor's Degree in Microelectronic Engineering
  - Bachelor's Degree in Robotics Engineering
- **Engineering Physics**
  - Bachelor's Degree in Engineering Physics
- **Food Engineering**
  - Bachelor's Degree in Food Engineering
- **Forestry Engineering, Forestry and Wood Sciences (silviculture)**
  - Bachelor's Degree in Forest Operations
  - Bachelor's Degree in Forest and Environmental Management
  - Bachelor's Degree in Wood Engineering
- **Geological Engineering**
  - Bachelor's Degree in Geology
  - Bachelor's Degree in Geological Engineering
- **Geomatics (surveying)**
  - Bachelor's Degree in Geomatics Engineering
  - Bachelor's Degree in Geomatics Sciences

1. Note that the selected programs of study are included in the promising trades and occupations.

- **Industrial and Management Engineering**
  - Bachelor's Degree in Automated Production Engineering
  - Bachelor's Degree in Industrial Engineering
  - Bachelor's Degree in Operations Engineering and Logistics
- **Information Sciences**
  - Bachelor's Degree in Bioinformatics
  - Bachelor's Degree in Business Computing
  - Bachelor's Degree in Computer Science
  - Bachelor's Degree in Computer Science and Software Engineering
  - Bachelor's Degree in Imaging Science and Digital Media
  - Bachelor's Degree in Multimedia and Video Games Sciences
  - Bachelor's Degree in Software Engineering
- **Materials and Metallurgical Engineering**
  - Bachelor's Degree in Materials and Metallurgical Engineering
- **Mechanical Engineering**
  - Bachelor's Degree in Mechanical Engineering
- **Mining Engineering**
  - Bachelor's Degree in Mining Engineering
  - Bachelor's Degree in Mining and Mineral Engineering
- **Physical Sciences**
  - Bachelor's Degree in Physics

### **Additional information**

To learn more about the promising trades and occupations, go to this website [🔗](#).

# INSPIRING ENGINEER PRIZE

(FOIQ)

## For those who contribute to the promotion of women in engineering

The **Fondation de l'Ordre des ingénieurs du Québec (FOIQ)** awards one prize of \$2500 to a woman whose engagement and concrete actions encourage other women to pursue a career in engineering.

### Question

In addition to answers to the general questions, the candidate's application package must include the answer to the following question (approximately 300 words):

- 1) As an aspiring engineer, what steps are you currently taking or have you taken in the past to encourage other young women to pursue a career in engineering?

*Name at least two activities in which you have participated to promote the field of engineering to other young women. This could be in-person events or promotion on social media (organized by other people or by you). For each activity, describe your role: what did you do?*

### Additional information

To learn more about the FOIQ, go to its website [FOIQ](#).

# PERSEVERANCE PRIZE

**(CSQ)**

## For those who never gave up

The **Centrale des syndicats du Québec (CSQ)** awards a prize of \$2500 to a student who has shown the most perseverance in training for a traditionally male-dominated occupation.

This award recognizes perseverance in the achievement of career goals. (Note that it is not designed to reward those who have overcome physical or social handicaps.) Candidates must demonstrate their perseverance by describing what they had to do to overcome the obstacles related to the chosen traditionally male-dominated occupation.

### Questions

In addition to the answers to the general questions, the candidate's application package must include the answers to the following questions (approximately 300 words for each answer):

**1) What measures should be put in place to encourage young women to stay in male-dominated programs?**

*Identify at least two realistic and applicable measures. For each measure, describe what you think would help young women to stay in male-dominated programs.*

**2) Female role models in male-dominated trades and occupations often influence other women in their career choice. Your own example of perseverance could one day become a source of inspiration. Has the idea of becoming such a role model ever crossed your mind?**

*Propose at least two concrete ways you could encourage other young women to persevere in their studies. Provide examples to illustrate how these ways could help them.*

### Additional information

To learn more about the CSQ, go to its website [🔗](#).

# NEXT GENERATION PRIZE

**(MEIE)**

## Making her mark right from the start

The **Ministère de l'Économie, de l'Innovation et de l'Énergie (MEIE)** awards a prize of \$3000 to a first-year student enrolled in one of the science or engineering programs selected for the contest.

### Questions

In addition to the answers to the general questions, the candidate's application package must include the answers to the following questions (approximately 300 words for each answer):

- 1) Describe a job, a project or an event in which you are involved or that you completed outside of your program of study that shows your interest and passion for science and technology.**

*Describe in detail at least one science and technology-related activity in which you are involved outside your program of study. Provide examples of concrete actions you have taken that demonstrate your passion for this field.*

- 2) In your opinion, what are the most effective actions to take to get girls interested in science and technology?**

*Provide at least two ways to encourage young women to take an interest in science, technology or engineering. Please make sure that these recommendations are realistic and original.*

### Additional information

To learn more about MEIE, go to its website [🔗](#).

# NATURAL RESOURCES AND FORESTS PRIZES

(MRNF)

## Are you passionate about natural resources and forests?

The **Ministère des Ressources naturelles et des Forêts (MRNF)** is offering one prize of \$2500 to a female student enrolled in one of the eligible fields or programs of study listed below.

### Questions

In addition to the answers to general questions, the candidate's submission must include answers to the following questions (approximately 300 words for each answer):

**1) How will the competencies acquired in your training prepare you to work in the field of natural resources and forests?**

*Choose at least two skills that you have developed in your training and explain clearly why each skill is essential in your future field.*

**2) How are you currently involved in these fields?**

*Describe at least two actions that demonstrate your involvement in these fields.*

**3) In your opinion, what issues will you face in your field after you complete your training?**

*In connection with your field, identify an issue our society is facing. Propose tangible solutions that can be applied to your future field.*

### Fields and programs eligible

- **Agricultural Engineering, Rural Engineering**
  - Bachelor's Degree in Agroenvironmental Engineering
  - Bachelor's Degree in Bioresource Engineering
- **Biological and Biomedical Engineering**
  - Bachelor's Degree in Biotechnology Engineering
- **Chemical Engineering**
  - Bachelor's Degree in Chemical Engineering
- **Civil, Building and Transportation Engineering**
  - Bachelor's Degree in Water Engineering
- **Earth Sciences**
  - Bachelor's Degree in Earth and Atmospheric Sciences (Geology concentration)
- **Electrical, Electronic and Communications Engineering**
  - Bachelor's Degree in Electrical Engineering
  - Bachelor's Degree in Electromechanical Engineering
  - Bachelor's Degree in Electromechanical Systems Engineering
  - Bachelor's Degree in Information Technologies Engineering
  - Bachelor's Degree in Microelectronic Engineering
  - Bachelor's Degree in Robotics Engineering
- **Engineering Physics**
  - Bachelor's Degree in Engineering Physics
- **Forestry Engineering, Forestry and Wood Sciences (silviculture)**
  - Bachelor's Degree in Forest Operations
  - Bachelor's Degree in Forest and Environmental Management
  - Bachelor's Degree in Wood Engineering
- **Geological Engineering**
  - Bachelor's Degree in Geology
  - Bachelor's Degree in Geological Engineering
- **Geomatics (surveying)**
  - Bachelor's Degree in Geomatics Engineering
  - Bachelor's Degree in Geomatics Sciences
- **Industrial and Management Engineering**
  - Bachelor's Degree in Automated Production Engineering
  - Bachelor's Degree in Industrial Engineering
  - Bachelor's Degree in Operations Engineering and Logistics

- **Materials and Metallurgical Engineering**

- Bachelor's Degree in Materials and Metallurgical Engineering

- **Mechanical Engineering**

- Bachelor's Degree in Mechanical Engineering
- Bachelor's Degree in Robotics Engineering

- **Mining Engineering**

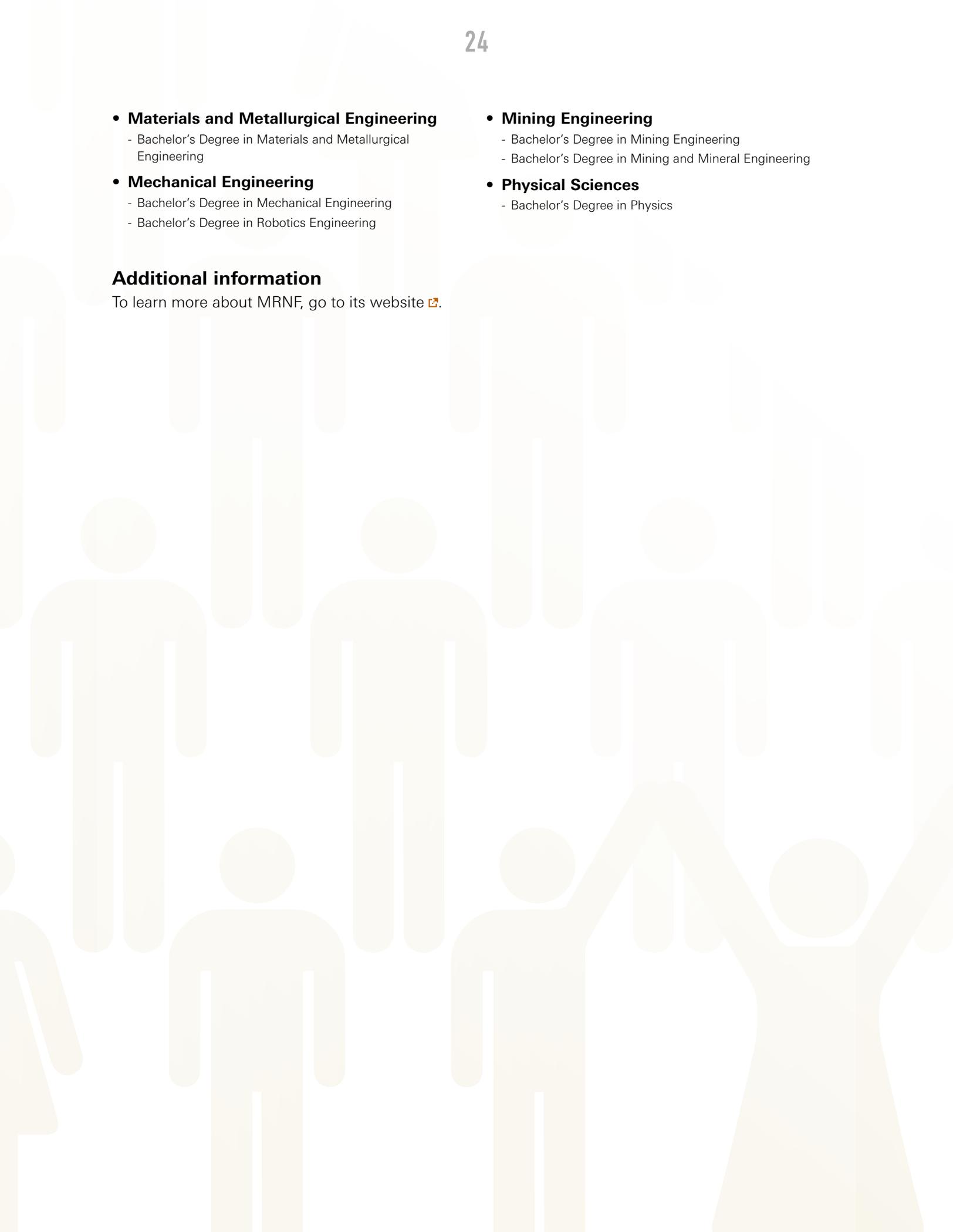
- Bachelor's Degree in Mining Engineering
- Bachelor's Degree in Mining and Mineral Engineering

- **Physical Sciences**

- Bachelor's Degree in Physics

### **Additional information**

To learn more about MRNF, go to its website [🌐](#).



# TRANSPORTATION PRIZE

(MTMD)

## Do you have a driving passion?

The **Ministère des Transports et de la Mobilité durable (MTMD)** awards a prize of \$2000 to a student enrolled in one of the fields or programs listed below.

### Questions

In addition to the answers to the general questions, the candidate's application package must include the answers to the following questions (approximately 300 words for each answer):

**1) In your opinion, what is the main challenge related to sustainable transit in the transportation sector today?**

*Describe a real, present-day challenge in sustainable transit, specifying the social, economic or environmental issues involved.*

**2) How has your training prepared you to meet this challenge?**

*Choose at least two competencies that you have developed in your training and explain how using each of them will help you meet the challenge you have identified.*

### Fields and programs eligible

- **Aerospatial, Aeronautical and Astronautical Engineering**
  - Bachelor's Degree in Aerospatial Engineering
- **Civil, Building and Transportation Engineering**
  - Bachelor's Degree in Building Engineering
  - Bachelor's Degree in Civil Engineering
  - Bachelor's Degree in Construction Engineering
  - Bachelor's Degree in Water Engineering
- **Earth Sciences**
  - Bachelor's Degree in Earth and Atmospheric Sciences (Geology concentration)
- **Electrical, Electronic and Communications Engineering**
  - Bachelor's Degree in Electrical Engineering
  - Bachelor's Degree in Electromechanical Engineering
  - Bachelor's Degree in Electromechanical Systems Engineering
  - Bachelor's Degree in Information Technologies Engineering
  - Bachelor's Degree in Microelectronic Engineering
  - Bachelor's Degree in Robotics Engineering
- **Geological Engineering**
  - Bachelor's Degree in Geology
  - Bachelor's Degree in Geological Engineering
- **Geomatics (surveying)**
  - Bachelor's Degree in Geomatics Engineering
  - Bachelor's Degree in Geomatics Sciences

### Additional information

To learn more about the MTMD, go to its website [🔗](#).

## FIELDS AND PROGRAMS ELIGIBLE FOR THE 2025-2026 EXCELLENCE IN SCIENCE CONTEST\*

- **Aerospatial, Aeronautical and Astronautical Engineering**
  - Bachelor's Degree in Aerospatial Engineering
- **Agricultural Engineering, Rural Engineering**
  - Bachelor's Degree in Agroenvironmental Engineering
  - Bachelor's Degree in Bioresource Engineering
- **Biological and Biomedical Engineering**
  - Bachelor's Degree in Biomedical Engineering
  - Bachelor's Degree in Biotechnology Engineering
- **Chemical Engineering**
  - Bachelor's Degree in Chemical Engineering
- **Civil, Building and Transportation Engineering**
  - Bachelor's Degree in Building Engineering
  - Bachelor's Degree in Civil Engineering
  - Bachelor's Degree in Construction Engineering
  - Bachelor's Degree in Water Engineering
- **Computer Engineering and Construction of Computers**
  - Bachelor's Degree in Computer Engineering
  - Bachelor's Degree in Computer and Electronic Systems
- **Earth Sciences**
  - Bachelor's Degree in Earth and Atmospheric Sciences (Geology concentration)
- **Electrical, Electronic and Communications Engineering**
  - Bachelor's Degree in Electrical Engineering
  - Bachelor's Degree in Electromechanical Engineering
  - Bachelor's Degree in Electromechanical Systems Engineering
  - Bachelor's Degree in Information Technologies Engineering
  - Bachelor's Degree in Microelectronic Engineering
  - Bachelor's Degree in Robotics Engineering
- **Engineering Physics**
  - Bachelor's Degree in Engineering Physics
- **Food Engineering**
  - Bachelor's Degree in Food Engineering
- **Forestry Engineering, Forestry and Wood Sciences (silviculture)**
  - Bachelor's Degree in Forest Operations
  - Bachelor's Degree in Forest and Environmental Management
  - Bachelor's Degree in Wood Engineering
- **Geological Engineering**
  - Bachelor's Degree in Geology
  - Bachelor's Degree in Geological Engineering
- **Geomatics (surveying)**
  - Bachelor's Degree in Geomatics Engineering
  - Bachelor's Degree in Geomatics Sciences
- **Industrial and Management Engineering**
  - Bachelor's Degree in Automated Production Engineering
  - Bachelor's Degree in Industrial Engineering
  - Bachelor's Degree in Operations Engineering and Logistics
- **Information Sciences**
  - Bachelor's Degree in Bioinformatics
  - Bachelor's Degree in Business Computing
  - Bachelor's Degree in Computer Science
  - Bachelor's Degree in Computer Science and Software Engineering
  - Bachelor's Degree in Imaging Science and Digital Media
  - Bachelor's Degree in Multimedia and Video Games Sciences
  - Bachelor's Degree in Software Engineering
- **Materials and Metallurgical Engineering**
  - Bachelor's Degree in Materials and Metallurgical Engineering
- **Mechanical Engineering**
  - Bachelor's Degree in Mechanical Engineering
- **Mining Engineering**
  - Bachelor's Degree in Mining Engineering
  - Bachelor's Degree in Mining and Mineral Engineering
- **Physical Sciences**
  - Bachelor's Degree in Physics
- **Multidisciplinary studies**
  - Mathematics-Computer Science
  - Mathematics-Physics

\*The titles of the bachelor's degree programs listed above are provided for information purposes. The exact titles of some degree programs may vary from one university to another.

## QUESTIONS? – EXCELLENCE IN SCIENCE

### **When does the contest close?**

February 13, 2026.

### **How can I submit an application package?**

The application package must be submitted by completing the online registration form.

### **Am I eligible for the 2025-2026 contest if I graduated in fall 2025?**

Candidates can enter the 2025-2026 contest if they are registered as full-time students during the current school year (fall 2025 and winter 2026). For example, a student who obtained a diploma in December 2025 can submit her application.

### **Can I fail in one or more subjects and still take part in the contest?**

Candidates who have failed in more than two subjects during their last school term are not eligible for the contest. However, failure on an initial examination and success on the make-up examination does not constitute failure for the purposes of the contest.

### **Can I participate in the contest if I am a previous winner?**

In order to become eligible once again, candidates must have changed programs of study and at least three years must have gone by since they won.

### **Can I apply for several prizes?**

Yes, provided that all the additional questions specific to each prize are answered.

### **Can I have someone help me answer the five general questions?**

Yes. In fact, it is recommended that candidates have someone read over their text. We often underestimate our ability to talk about ourselves. But it's worth taking a risk to reap the rewards of your perseverance!

### **What criteria are used to select the winners?**

Application packages will be assessed according to the following criteria:

- submission of a complete application package
- quality of the presentation
- clarity of the answers provided
- authenticity and persuasiveness of the answers
- relevance of the candidate's reasons for entering the contest
- favourable recommendation from the educational institution
- academic performance (a candidate cannot have failed more than two subjects in their last school term)

**Can a jury change the way in which a prize is awarded?**

The members of the jury reserve the right to transfer the prizes announced in the Hats Off to You! contest or the Excellence in Science contest if the applications submitted do not meet the stated criteria.

**Who selects the winners?**

The winners are chosen by committees made up of contest partners from the education, work and business communities, under the responsibility of the Ministère de l'Enseignement supérieur.

**When are the prizes awarded?**

Provincial prizes will be awarded in June 2026.

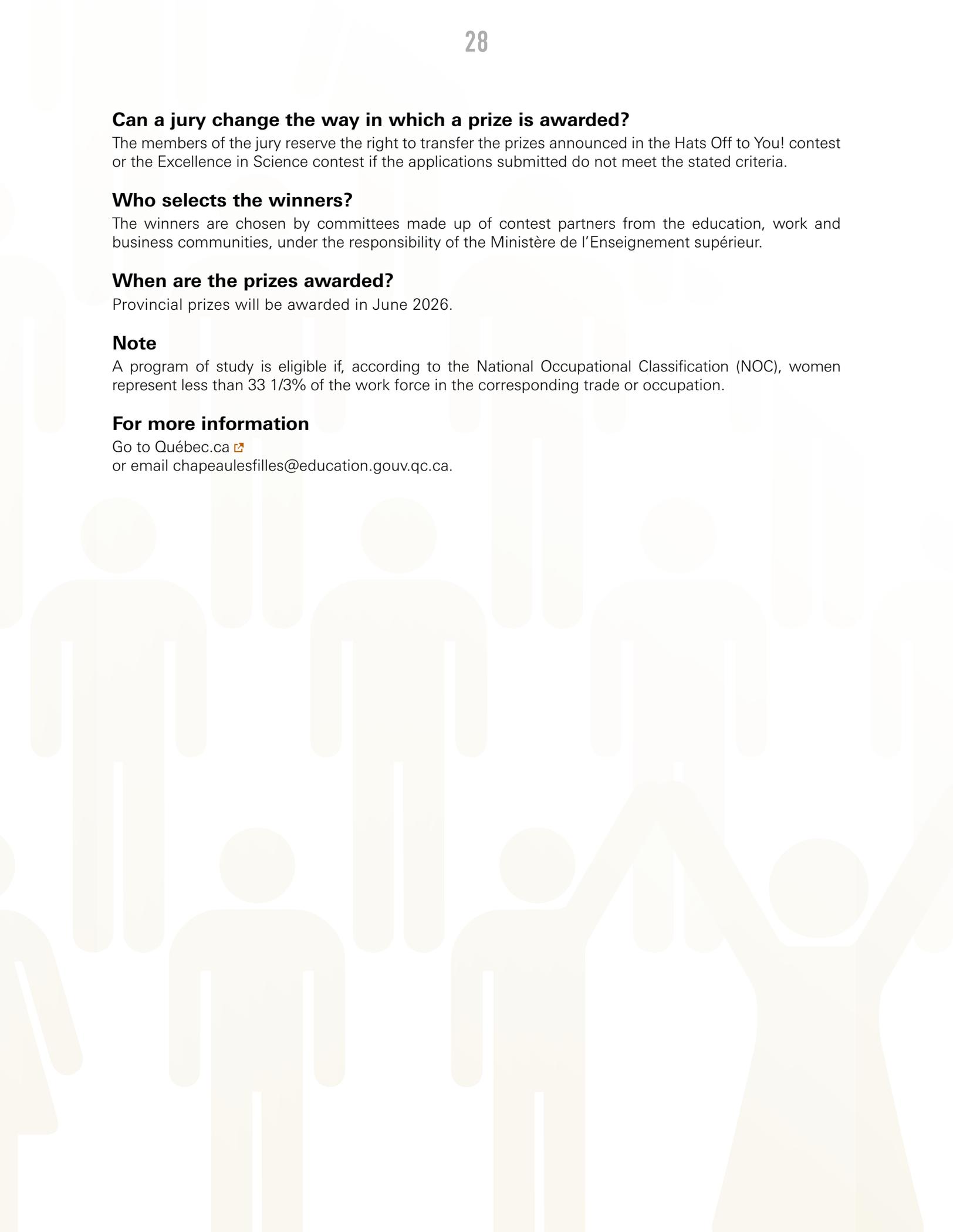
**Note**

A program of study is eligible if, according to the National Occupational Classification (NOC), women represent less than 33 1/3% of the work force in the corresponding trade or occupation.

**For more information**

Go to [Québec.ca](https://Quebec.ca) 

or email [chapeaulesfilles@education.gouv.qc.ca](mailto:chapeaulesfilles@education.gouv.qc.ca).



## 2025-2026 PARTNERS

Centrale des syndicats du Québec (CSQ) 

Confédération des syndicats nationaux (CSN) , in collaboration with the Fédération nationale des enseignantes et des enseignants du Québec (FNEEQ) , the Fédération des professionnelles (FP)  and the Fédération des employées et employés de services publics (FEESP) 

Fédération des travailleurs et travailleuses du Québec (FTQ) 

Fondation de l'Ordre des ingénieurs du Québec (FOIQ) 

Ministère de l'Agriculture, des Pêcheries et de l'Alimentation (MAPAQ) 

Ministère de l'Économie, de l'Innovation et de l'Énergie (MEIE) 

Ministère des Ressources naturelles et des Forêts (MRNF) 

Ministère de l'Environnement, de la Lutte contre les changements climatiques, de la Faune et des Parcs (MELCCFP) 

Ministère des Affaires municipales et de l'Habitation (MAMH) 

Ministère des Transports et de la Mobilité durable (MTMD) 

Syndicat de professionnelles et professionnels du gouvernement du Québec (SPGQ) 

