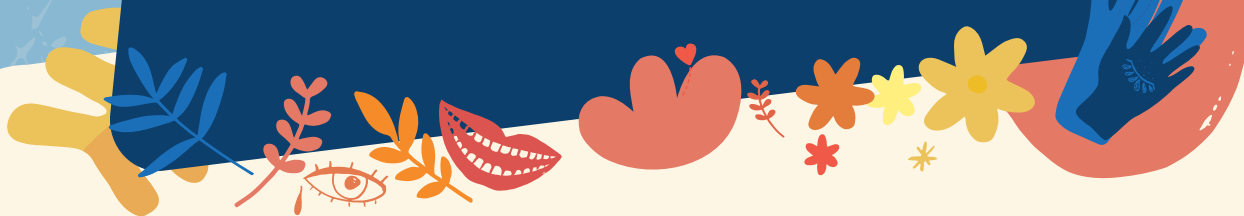




Is someone close to you receiving  
**mental-health support?**

Your **involvement** can  
make **all the difference.**



\*

**Talk about it with the person  
and their care providers. Care providers are  
there to include and listen to you.**

Learn how you can get involved in  
your loved one's care and services,  
while respecting their rights.

**[Québec.ca/LovedOneMentalHealth](https://Quebec.ca/LovedOneMentalHealth)**

